



## Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science)

By Jaak Panksepp

Download now

Read Online →

### Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp

Some investigators have argued that emotions, especially animal emotions, are illusory concepts outside the realm of scientific inquiry. However, with advances in neurobiology and neuroscience, researchers are demonstrating that this position is wrong as they move closer to a lasting understanding of the biology and psychology of emotion. In *Affective Neuroscience*, Jaak Panksepp provides the most up-to-date information about the brain-operating systems that organize the fundamental emotional tendencies of all mammals. Presenting complex material in a readable manner, the book offers a comprehensive summary of the fundamental neural sources of human and animal feelings, as well as a conceptual framework for studying emotional systems of the brain. Panksepp approaches emotions from the perspective of basic emotion theory but does not fail to address the complex issues raised by constructionist approaches. These issues include relations to human consciousness and the psychiatric implications of this knowledge. The book includes chapters on sleep and arousal, pleasure and fear systems, the sources of rage and anger, and the neural control of sexuality, as well as the more subtle emotions related to maternal care, social loss, and playfulness. Representing a synthetic integration of vast amounts of neurobehavioral knowledge, including relevant neuroanatomy, neurophysiology, and neurochemistry, this book will be one of the most important contributions to understanding the biology of emotions since Darwin's *The Expression of the Emotions in Man and Animals*

↓ [Download Affective Neuroscience: The Foundations of Human a ...pdf](#)

📖 [Read Online Affective Neuroscience: The Foundations of Human ...pdf](#)

# Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science)

By Jaak Panksepp

## Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp

Some investigators have argued that emotions, especially animal emotions, are illusory concepts outside the realm of scientific inquiry. However, with advances in neurobiology and neuroscience, researchers are demonstrating that this position is wrong as they move closer to a lasting understanding of the biology and psychology of emotion. In *Affective Neuroscience*, Jaak Panksepp provides the most up-to-date information about the brain-operating systems that organize the fundamental emotional tendencies of all mammals. Presenting complex material in a readable manner, the book offers a comprehensive summary of the fundamental neural sources of human and animal feelings, as well as a conceptual framework for studying emotional systems of the brain. Panksepp approaches emotions from the perspective of basic emotion theory but does not fail to address the complex issues raised by constructionist approaches. These issues include relations to human consciousness and the psychiatric implications of this knowledge. The book includes chapters on sleep and arousal, pleasure and fear systems, the sources of rage and anger, and the neural control of sexuality, as well as the more subtle emotions related to maternal care, social loss, and playfulness. Representing a synthetic integration of vast amounts of neurobehavioral knowledge, including relevant neuroanatomy, neurophysiology, and neurochemistry, this book will be one of the most important contributions to understanding the biology of emotions since Darwins *The Expression of the Emotions in Man and Animals*

## Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp Bibliography

- Sales Rank: #82405 in Books
- Published on: 2004-09-30
- Original language: English
- Number of items: 1
- Dimensions: 6.90" h x 1.10" w x 9.90" l, 1.85 pounds
- Binding: Paperback
- 480 pages

 [Download Affective Neuroscience: The Foundations of Human a ...pdf](#)

 [Read Online Affective Neuroscience: The Foundations of Human ...pdf](#)

## **Download and Read Free Online Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp**

---

### **Editorial Review**

#### **Review**

"It is an invaluable reference for any neuroscientist interested in understanding the neurobiological basis of drives and emotions where the best information is contained in the animal literature. This is the strength of Panksepp's book which summarizes and references these data around clinically recognizable concepts making the information highly relevant to practicing clinicians." --Canadian Journal of Neurological Sciences

"Jaak Panksepp presents a synopsis of animal research on emotion together with stimulating new ideas on the role and representation of emotion in humans and other mammals. It seemed clear to me that Panksepp's affective neuroscience can provide a valuable foundation to emotion research. These are not entirely new ideas, but by presenting them in a comprehensive text on the neuroscience of emotion, Panksepp constructs a strong defense against the not uncommon view that emotions are 'illusionary concepts outside the realm of scientific enquiry.' For this reason alone, Panksepp is to be congratulated. This is a powerful text that will make a lasting impression on emotion research in general. Panksepp has provided a much-needed review of the animal literature, together with fascinating new ideas on the nature of affective consciousness." -- Andy Calder, MRC Cognition and Brain Sciences Unit, Cambridge, UK

#### **About the Author**

Jaak Panksepp is at Medical College of Ohio at Toledo.

### **Users Review**

#### **From reader reviews:**

##### **Irene Vaughan:**

Would you one of the book lovers? If yes, do you ever feeling doubt while you are in the book store? Try to pick one book that you never know the inside because don't ascertain book by its deal with may doesn't work is difficult job because you are afraid that the inside maybe not while fantastic as in the outside appear likes. Maybe you answer may be Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) why because the great cover that make you consider with regards to the content will not disappoint you actually. The inside or content is usually fantastic as the outside or maybe cover. Your reading 6th sense will directly assist you to pick up this book.

##### **Louise Lewis:**

The book untitled Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) contain a lot of information on it. The writer explains her idea with easy approach. The language is very straightforward all the people, so do not worry, you can easy to read that. The book was compiled by famous author. The author gives you in the new time of literary works. It is possible to read this book because you can read more your smart phone, or model, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and also order it. Have a nice examine.

**Kate Sutton:**

With this era which is the greater person or who has ability to do something more are more special than other. Do you want to become certainly one of it? It is just simple approach to have that. What you have to do is just spending your time very little but quite enough to enjoy a look at some books. One of many books in the top collection in your reading list is usually Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science). This book that is qualified as The Hungry Hills can get you closer in becoming precious person. By looking way up and review this publication you can get many advantages.

**Linda Bryant:**

As a university student exactly feel bored for you to reading. If their teacher requested them to go to the library or even make summary for some reserve, they are complained. Just small students that has reading's spirit or real their pastime. They just do what the teacher want, like asked to go to the library. They go to there but nothing reading very seriously. Any students feel that studying is not important, boring and can't see colorful pics on there. Yeah, it is for being complicated. Book is very important for you. As we know that on this era, many ways to get whatever we really wish for. Likewise word says, many ways to reach Chinese's country. Therefore , this Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) can make you experience more interested to read.

**Download and Read Online Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp #TAEQUCJBDLV**

## **Read Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp for online ebook**

Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp books to read online.

### **Online Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp ebook PDF download**

**Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp Doc**

**Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp Mobipocket**

**Affective Neuroscience: The Foundations of Human and Animal Emotions (Series in Affective Science) By Jaak Panksepp EPub**