



Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone

From Brand: Riverhead

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In this delightful and much buzzed-about essay collection, 26 food writers like Nora Ephron, Laurie Colwin, Jami Attenberg, Ann Patchett, and M. F. K. Fisher invite readers into their kitchens to reflect on the secret meals and recipes for one person that they relish when no one else is looking.

Part solace, part celebration, part handbook, *Alone in the Kitchen with an Eggplant* offers a wealth of company, inspiration, and humor—and finally, solo recipes in these essays about food that require no division or subtraction, for readers of Gabrielle Hamilton's *Blood, Bones & Butter* and Tamar Adler's *The Everlasting Meal*.

Featuring essays by:

Steve Almond, Jonathan Ames, Jami Attenberg, Laura Calder, Mary Cantwell, Dan Chaon, Laurie Colwin, Laura Dave, Courtney Eldridge, Nora Ephron, Erin Ergenbright, M. F. K. Fisher, Colin Harrison, Marcella Hazan, Amanda Hesser, Holly Hughes, Jeremy Jackson, Rosa Jurjevics, Ben Karlin, Rattawat Lapcharoensap, Beverly Lowry, Haruki Murakami, Phoebe Nobles, Ann Patchett, Anneli Rufus and Paula Wolfert.

View our feature on the essay collection *Alone in the Kitchen with an Eggplant*.

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Editorial Review

From Publishers Weekly

A mishmash of foodie writers dispute, humorously or more self-seriously, the pros and cons of cooking and dining alone. While eating by oneself can be the busy worker's greatest pleasure, as Colin Harrison notes of his solitary Manhattan lunches during a work day ("Out to Lunch"), and mother Holly Hughes ("Luxury") agrees is a secret but too rare pleasure, other writers see it as depressing or shameful. In "The Lonely Palate," Laura Calder quotes Epicurus as saying, "we should look for someone to eat and drink *with* before looking for something to eat and drink"—then offers a recipe for Kippers Mash. Eating is an act of love, thus prompting Jonathan Ames ("Poisonous Eggs") to dine out and flirt with the waitress. "Table for One" by Erin Ergenbright records how the single diner is perceived uneasily by the wait staff. And M.F.K. Fisher relishes solitary dining ("A Is for Dining Alone") as a way to escape "the curious disbelieving impertinence of the people in restaurants." The collection is named after an essay by Laurie Colwin, who found a dozen different ways to cook eggplant on her two-burner hot plate while living alone in a tiny Greenwich Village flat. (*July*) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

From [Booklist](#)

In this celebration of the meal for one, Ferrari-Adler connects short essays from a diverse set of writers recounting solitary suppers and reflecting on the singular rewards and blissful consolation of indulging no one else's hungers but one's own. Marcella Hazan affirms this truth, noting that the single diner tends to disdain nutrition for comfort and familiarity, but without sinking into childhood formulations. Many of these writers address the specific challenges of cooking in the severely limited conditions presented by tiny Manhattan apartments. Laura Dave contends that in such cramped circumstances the conscientious cook learns never to prepare anything that may leave a lingering odor. Ann Patchett seems ultimately to reject the notion of dining alone, contending that feeding others is one of the most basic means of making human connections. In the few recipes recorded here, cheese figures prominently, from fine Gruyere through pedestrian cottage cheese. Knoblauch, Mark

Review

aA balanced literary buffet...seasoned with whimsy.a
a"Wall Street Journal"

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Users Review

From reader reviews:

Fabian Luton:

Have you spare time for a day? What do you do when you have more or little spare time? Sure, you can choose the suitable activity with regard to spend your time. Any person spent their particular spare time to take a wander, shopping, or went to the particular Mall. How about open as well as read a book entitled Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone? Maybe it is to get best activity for you. You recognize beside you can spend your time along with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have different opinion?

Richard Brassell:

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Lorraine Joyner:

Reading a book tends to be new life style in this era globalization. With reading you can get a lot of information that may give you benefit in your life. Along with book everyone in this world can easily share their idea. Publications can also inspire a lot of people. A great deal of author can inspire all their reader with their story as well as their experience. Not only situation that share in the guides. But also they write about advantage about something that you need example of this. How to get the good score toefl, or how to teach your children, there are many kinds of book that exist now. The authors on this planet always try to improve their expertise in writing, they also doing some research before they write with their book. One of them is this Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone.

George Hyler:

In this era globalization it is important to someone to obtain information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of references to get information example: internet, classifieds, book, and soon. You can see that now, a lot of publisher that will print many kinds of book. Often the book that recommended to you personally is Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone this book consist a lot of the information on the condition of this world now. That book was represented how do the world has grown up. The terminology styles that writer use to explain it is easy to understand. Typically the writer made some investigation when he makes this book. Honestly, that is why this book suitable all of you.

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