

Creating on Purpose: The Spiritual Technology of Manifesting Through the Chakras

By Anodea Judith, Lion Goodman

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
You may have seen the movies and read the books about manifestation, but your power to create your dreams still seems to be missing the mark. Don't throw in the towel yet?there's a radically new approach that may reveal the missing piece of the puzzle. With *Creating on Purpose*, innovative teachers Anodea Judith and Lion Goodman present a comprehensive, systematic method for realizing your highest aspirations. Shared with thousands in their popular nationwide workshops, this unique, step-by-step approach guides us through a rich study of the inner self, the outer world, and how to connect the two to make your dreams come true.

Manifestation is the process of bringing the spiritual and material together to create a better life for yourself, your family, and your community, explain Anodea and Lion. At the heart of this work are the energy centers known as the chakras, which offer us a profound formula for wholeness, a template for transformation, and a sacred map for manifestation. Learn how to make use of the top-down flow of energy between chakras?an ancient key to effective change, and a way of aligning our desires with our highest good, as you explore:

- Chakra Seven: Consciousness Creates?Receive guidance and grace, clarify ideas into intention, and clear limiting beliefs
- Chakra Six: Vision Vitalizes?Imagine possibilities, discover your purpose, and visualize your path to fulfillment
- Chakra Five: Conversation Catalyzes?Tell your story, refine your mission, and set goals to chart your course
- Chakra Four: Love Enlivens?Find the right relationships, establish your network, and co-create with beauty and love
- Chakra Three: Power Produces?Become proactive, strengthen your will, and handle distractions and obstacles
- Chakra Two: Pleasure Pleases?Ride the river of passion, balance masculine and feminine energies, and attract what you want and need
- Chakra One: Matter Matters?Honor your commitments, inhabit your body, and complete every cycle

“When you align your heavenly wisdom with the love in your heart and combine your future vision with your unique skills and abilities,” write Anodea and Lion, “you can begin to drive your vehicle toward your destiny, giving your gifts for the benefit of all beings.” Here is your opportunity to participate in this important work through *Creating on Purpose*.

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Editorial Review

Review

"Creating on Purpose: The Spiritual Technology of Manifesting through the Chakras wants to help you manifest your dreams and desires. Taught in workshops coast-to-coast, authors Anodea Judith and Lion Goodman provide a step-by-step guide to remove what is blocking you and to help liberate yourself. The authors write that we all have blocks. But it is through healing our chakras—the energy cores in our bodies—that we can achieve our dreams. To bring balance to the chakras, the authors elaborate and give an overview of the system. Using charts and illustrations, they explain the plot of energy connectedness, which is often linked to yoga poses or colors, for example. The chakras correspond to areas of the body, such as chakra five is located in the throat."

—*The Sacramento Book Review*

"In *Creating on Purpose: The Spiritual Technology of Manifesting Through the Chakras*, authors Anodea Judith and Lion Goodman reveal a systematic method for manifesting by connecting the inner self with the outer world via the chakras, or energy centers, of the body. Judith is a psychotherapist and yoga teacher, and has written many books based on the chakra system, and Goodman is the cofounder of Luminary Leadership Institute, which trains business leaders to manifest their life purpose. Readers will learn how to harness the top-down flow of energy between the chakras in order to manifest their highest possibilities in life, and how to handle the obstacles presented by each chakra level."

—*Elevated Existence*, Sept. 2012

About the Author

Anodea Judith

Anodea Judith, PhD, is the author of the chakra classics *Wheels of Life* and *Eastern Body, Western Mind*, along with several other award-winning books (*Waking the Global Heart*) and videos (*The Illuminated Chakras*) on psychology, spirituality, and global transformation. She is an internationally acclaimed speaker and workshop presenter, as well as a psychotherapist and yoga teacher. She holds a doctorate in mind-body health and a master's in clinical psychology. Her website of workshops, books, and products is www.SacredCenters.com.

Lion Goodman

Lion Goodman is co-founder of Luminary Leadership Institute, which guides business and organization leaders to manifest their life purpose and fulfill their destiny. A successful executive coach and entrepreneur for the past 30 years, Lion leads transformational workshops and trainings around the world.

Users Review

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Frances Barrett:

This Creating on Purpose: The Spiritual Technology of Manifesting Through the Chakras are generally reliable for you who want to be described as a successful person, why. The reason why of this Creating on Purpose: The Spiritual Technology of Manifesting Through the Chakras can be one of many great books you must have is giving you more than just simple reading through food but feed an individual with information that perhaps will shock your preceding knowledge. This book will be handy, you can bring it almost everywhere and whenever your conditions both in e-book and printed versions. Beside that this Creating on Purpose: The Spiritual Technology of Manifesting Through the Chakras forcing you to have an enormous of experience such as rich vocabulary, giving you trial run of critical thinking that could it useful in your day action. So , let's have it and luxuriate in reading.

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