



The Foundations of Chinese Medicine: A Comprehensive Text for Acupuncturists and Herbalists. Second Edition

By Giovanni Maciocia CAC(Nanjing)

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The Foundations of Chinese Medicine: A Comprehensive Text for Acupuncturists and Herbalists. Second Edition By Giovanni Maciocia CAC(Nanjing)

This successful Chinese medicine textbook covers the theory of traditional Chinese medicine and acupuncture, and discusses in detail the use of acupuncture points and the principles of treatment. The material is based on rigorous reference to ancient and modern Chinese texts, and explains the application of theory in a Western practice context. The new edition features new and updated material, including discussion of 50 additional acupuncture points and more patterns. A redesigned layout complements the accessible writing style and makes the material even easier to follow. Plus, an accompanying CD-ROM contains over 750 self-testing questions in a variety of formats.

- The actions and functions of acupuncture points are thoroughly discussed, both from the classics and from the author's own experience.
- English style and terminology makes material easy to follow.
- Comprehensive text contains everything students need for a complete introduction to the theory of acupuncture and Chinese medicine.
- Theory is combined with an in-depth acupuncture section.
- Concepts are clearly explained, including those that are complex and obscure material.
- Logical, sequential organization builds from basic theoretical concepts, through functions of individual organs, to disease categories, and the appropriate use of points.
- Authored by Giovanni Maciocia, one of the Western world's leading authorities on Chinese medicine.
- New larger, two-color format and reader-friendly design emphasize essential facts and make it easier to navigate the text.
- More photos added to a color-plate section provide valuable supplemental information for diagnosis.
- Enlarged illustrations in the acupuncture sections clearly show point numbers and names.
- Additional illustrations, tables and diagrams make the information easier for students to learn and memorize.
- The size of Chinese characters has been increased so they are legible and

easier to interpret.

- Chapter opening summaries and summaries of key points at the end of each chapter point out must-know information.
- Icons to make it easier to locate desired sections of information.
- 50 more acupuncture points are covered in this edition, reflecting the broad scope of current practice.
- More patterns are included, and combined patterns have been added to the individual pattern chapters.
- More information is provided on pathological processes, relative weighting of symptoms, and identification of patterns.
- More cases studies and case histories apply theory to diagnosis and treatment, bringing theory to life in a realistic context.
- Pinyin equivalents are included in the main text to make it immediately evident which original term is being translated.
- An accompanying CD-ROM provides self-testing questions and answers to help students check their understanding of material.
- The glossary has been expanded to include more terms and their origins from translation.

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Editorial Review

Review

"This version remedies some of the shortcomings of the first edition and is now as near a complete exposition of Chinese medicine theory as could be presented in a single text. It is unlikely to be supplanted for years to come, if ever, and with Giovanni's similarly seminal textbooks on clinical practice, diagnostics, gynaecology and obstetrics and tongue diagnosis, forms the bedrock for all practitioners of Chinese medicine in the West.'

Peter Deadman

"The text is beautifully presented in two colours. A large number of clear illustrations and text boxes highlight the important points and aid readability. Learning outcomes are summarised at the end of each chapter. This is a well designed and easy to read textbook, which sources mainly from the classic Chinese medicine texts, including both ancient literature and modern books. It benefits from the author's rich experience in clinical practice in the West and his training in China. An in-depth understanding of the principles and theories of TCM enables the author to explain this complicated ancient healing system in a way that is understandable to Western students.

I would recommend this book to anyone who is interested in studying TCM systematically, particularly those intending to develop a career in acupuncture." R Guo, Exeter, UK

About the Author

Giovanni Maciocia is one of the most highly-regarded and respected authors and lecturers in the West. He is Visiting Associate Professor at the Nanjing University of Traditional Chinese Medicine and has many years of experience in teaching and practice. Giovanni trained initially in the UK and then in China, learned Chinese to be able to study from original Chinese texts, and was one of the first practitioners and authors to introduce Chinese medicine in a clear and accessible way to a Western student audience.

Giovanni Maciocia has written other best-selling books under the Elsevier Churchill Livingstone imprint - The Practice of Chinese Medicine: The Treatment of Diseases with Acupuncture and Chinese Herbs, 2e (ISBN 978-0443074905), Diagnosis in Chinese Medicine: A Comprehensive Guide, 1e (ISBN 9780443064487), The Channels of Acupuncture: Clinical Use of the Secondary Channels and Eight Extraordinary Vessels, 1e (ISBN 9780443074912), The Psyche in Chinese Medicine: Treatment of Emotional and Mental Disharmonies with Acupuncture and Chinese Herbs, 1e (ISBN 9780702029882), and Obstetrics and Gynecology in Chinese Medicine, 2e (ISBN 9780443104220).

Users Review

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Deanna Marcantel:

This *The Foundations of Chinese Medicine: A Comprehensive Text for Acupuncturists and Herbalists. Second Edition* is brand new way for you who has fascination to look for some information mainly because it relief your hunger of information. Getting deeper you in it getting knowledge more you know otherwise you who still having little bit of digest in reading this *The Foundations of Chinese Medicine: A Comprehensive Text for Acupuncturists and Herbalists. Second Edition* can be the light food in your case because the information inside that book is easy to get through anyone. These books produce itself in the form which is reachable by anyone, yep I mean in the e-book contact form. People who think that in e-book form make them feel tired even dizzy this e-book is the answer. So there is absolutely no in reading a book especially this one. You can find actually looking for. It should be here for you. So , don't miss it! Just read this e-book variety for your better life as well as knowledge.

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