



Treating Those with Mental Disorders: A Strength-Based, Comprehensive Approach to Case Conceptualization and Treatment with Enhanced Pearson eText -- ... Card Package (Merrill Counseling (Hardcover))

By Victoria E. Kress, Matthew J. Paylo

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Treating Those with Mental Disorders: A Comprehensive Approach to Case Conceptualization and Treatment is the authoritative reference on selecting and applying treatments for use in counseling and treating those with mental disorders. In it, students and new counselors don't just learn about the clinical issues, the *DSM-5* system of diagnosis, and interventions that can be used in counseling and treating those with mental disorders, they see clearly how to proceed in treatment planning and how to implement treatment approaches and interventions. The authors present a conceptual framework model, *I CAN START*, which consists of case conceptualization components and addresses treatment planning from a strength-based, contextually sensitive perspective. Case studies; creative Clinical Toolboxes; Voices from the Trenches; a comfortable presentation of the material; and a comprehensive, rigorous assimilation of the current treatment literature combine to empower counselors to thoughtfully and deliberately help their clients tackle their complex issues and difficulties. The Enhanced Pearson eText features Case studies, creative Clinical Toolboxes, and Voices from the Trenches which present real-life examples of critical counseling concepts and approaches.

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Editorial Review

From the Back Cover

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Invigorate learning with the Enhanced Pearson eText

The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content with the following multimedia features:

- **Embedded Videos. Voices from the Trenches** provide practical discussions of counselor or treatment considerations that students will need to consider when working with individuals with certain mental health disorders: Here are practical, real-life considerations from clinicians working in the counseling field.
- **Clinical Toolbox** features illustrate the varied means for applying treatment interventions, which include art, play, and movement, and are intended to illuminate treatment and help readers understand the variety of vehicles that can be used to apply interventions.

About the Author

Victoria E. Kress, Ph.D./LPCC-S (OH), NCC is a professor, counseling clinic director, and the director of the clinical mental health and addictions counseling programs at Youngstown State University. She has over 20 years of clinical experience working in various settings including community mental health centers, hospitals, residential treatment facilities, private practices, and college counseling centers. She is passionate about infusing a strength-based, contextual frame into all of her clinical work, and strives to provide counselors with practical ways they can enhance their practice, and empower clients.

Matthew John Paylo, Ph.D./LPCC-S (OH), is an associate professor, director of the student affairs and college counseling program, and the program director of the counseling program at Youngstown State University. He has over 10 years of clinical experience in various settings including community mental health centers, prisons, hospitals, residential treatment facilities, and college counseling centers. Matthew is passionate about implementing evidence-based interventions within therapeutic relationships that illuminate empathy, unconditional positive regard, and genuineness.

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