



# The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice (Wiley Clinical Psychology Handbooks)

By Michiel van Vreeswijk, Jenny Broersen, Marjon Nadort

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*The Wiley-Blackwell Handbook of Schema Therapy* provides a comprehensive overview of developments in the theory, diagnosis, treatment, research, implementation, and management of schema therapy.

- Presents a comprehensive overview of schema therapy - goes far beyond all previous books on the subject to cover theoretical, research and practical perspectives
- Covers the latest developments, including work on mindfulness and borderline personality disorder, as well as new applications of schema therapy beyond personality disorders
- Includes chapters by leaders in the field including Wendy Behary and Arnoud Arntz, as well as a foreword by Jeffrey Young, the founder of schema therapy

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## **Editorial Review**

### Review

“Overall, this is a comprehensive and authoritative text on the schema model, which has something to offer both to novice and experienced clinicians.” (*Clinical Psychologist*, 13 June 2013)

*“With a foreword by Jeff Young, the founder of schema therapy, this handbook is truly indispensable for any clinician with an interest in schema therapy, from the novice to the experienced schema therapist... Overall an exciting and interesting book, which renewed my passion for schema therapy.”* The Psychologist, February 2013

### Review

This book represents the next logical step in the development of Schema Therapy: a state-of-the-art extension of the schema approach to new areas of theory, research, and clinical practice. There is no better way for readers to grasp the extent of the new theoretical, research, and clinical work that has been done in recent years than to study the chapters in this handbook. I believe that it should be required reading for anyone interested in the field.

—**Jeffrey Young**, *Department of Psychiatry, Columbia University and Schema Therapy Institute of New York*

### From the Back Cover

Schema Therapy—an innovative psychotherapy approach utilizing cognitive-behavioral and experiential techniques—is a valuable tool for patients exhibiting various personality disorders. Recent research has confirmed Schema Therapy to be an effective (and *cost-effective*) treatment for people with borderline personality disorders. *The Wiley-Blackwell Handbook of Schema Therapy* provides a comprehensive overview of developments in the theory, diagnosis, treatment, research, implementation, and management of Schema Therapy. The volume includes international perspectives (e.g. USA, UK, Australia, Norway, Germany, Austria), as well as contributions and editorial oversight by Dutch researchers, widely recognized as the world leaders in Schema Therapy research.

Chapters begin with an introduction and description of the current state of affairs in Schema Therapy, followed by an overview of contemporary practice that includes some of the pitfalls and solutions to its implementation. Future developments in the field are also considered. *The Wiley-Blackwell Handbook of Schema Therapy* represents an important addition to this rapidly growing field of clinical psychology.

## **Users Review**

### **From reader reviews:**

#### **Theodore Parish:**

Book is written, printed, or descriptive for everything. You can learn everything you want by a guide. Book has a different type. As we know that book is important point to bring us around the world. Next to that you can your reading expertise was fluently. A publication *The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice (Wiley Clinical Psychology Handbooks)* will make you to be smarter. You can feel a lot more confidence if you can know about anything. But some of you think in which open or

reading a book make you bored. It's not make you fun. Why they might be thought like that? Have you looking for best book or suited book with you?

**Rosalind Huffman:**

A lot of people always spent all their free time to vacation or maybe go to the outside with them family or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you need to try to find a new activity that's look different you can read a new book. It is really fun for you. If you enjoy the book you read you can spent the whole day to reading a reserve. The book *The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice* (Wiley Clinical Psychology Handbooks) it is extremely good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space bringing this book you can buy often the e-book. You can m0ore easily to read this book out of your smart phone. The price is not to cover but this book features high quality.

**Jeffrey Cooks:**

Do you have something that you enjoy such as book? The guide lovers usually prefer to pick book like comic, short story and the biggest some may be novel. Now, why not seeking *The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice* (Wiley Clinical Psychology Handbooks) that give your pleasure preference will be satisfied by simply reading this book. Reading practice all over the world can be said as the way for people to know world far better then how they react in the direction of the world. It can't be claimed constantly that reading addiction only for the geeky individual but for all of you who wants to always be success person. So , for all of you who want to start reading as your good habit, you could pick *The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice* (Wiley Clinical Psychology Handbooks) become your current starter.

**Warren Bowers:**

That book can make you to feel relax. That book *The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice* (Wiley Clinical Psychology Handbooks) was colourful and of course has pictures on there. As we know that book *The Wiley-Blackwell Handbook of Schema Therapy: Theory, Research, and Practice* (Wiley Clinical Psychology Handbooks) has many kinds or genre. Start from kids until young adults. For example *Naruto* or *Investigation company Conan* you can read and think that you are the character on there. So , not at all of book usually are make you bored, any it can make you feel happy, fun and unwind. Try to choose the best book for you and try to like reading in which.

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