



The Zen Leader: 10 Ways to Go From Barely Managing to Leading Fearlessly

By Ginny Whitelaw

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"*The Zen Leader* is an important and very helpful book in the science and art of leadership. Based on everything from Zen to Integral Philosophy, it outlines 10 fundamental 'shifts' or 'flips' that can move you from small mind to Big Mind, bringing an expanding capacity of leadership with each one. Give it a try and see for yourself!"

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"As most leaders know, the best answers are often found in how one frames the question. In this remarkable book, Dr. Ginny Whitelaw sharpens the reader's abilities to reframe everything. Offering a genuinely innovative amalgamation of Eastern thought and the world of work, Dr. Whitelaw provides the reader grounding in practical leadership application, just as she introduces the next stretching insight. This book is a gift that keeps on giving."

--Ed Bernard, vice chairman, T. Rowe Price Group

The Zen Leader does not encourage you to just "be peaceful." Nor does it suggest that you work harder, faster, or ignore the pressure. Quite the opposite: the book is about using the pressure to propel "flips" in consciousness that create transformational leaders, leaders who create the future with joy and enthusiasm, rather than drive themselves and their people to exhaustion.

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About the Author

Dr. Ginny Whitelaw is both a leadership expert and a roshi (Zen master) in the Chozen-ji line of Rinzai Zen. Cofounder of Focus Leadership, she has taught and coached in countless programs to Global 1000 leaders, in part through her affiliation with Oliver Wyman Leadership Development and Columbia University's Senior Executive Program. Formerly Deputy Manager for integrating NASA's Space Station Program, she has a PhD in biophysics as well as a 5th degree black belt in Aikido.

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