



Critical Thinking: Tools for Taking Charge of Your Learning and Your Life

By Richard Paul, Linda Elder

Download now

Read Online 

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life

By Richard Paul, Linda Elder

Appropriate for one or two semester courses in Critical Thinking or Student Success. This text approaches critical thinking as a process by which one takes charge of, and responsibility for, one's thinking. It provides both a holistic theme that runs through-out and practical analytic and evaluative tools that can be used to target and improve specific dimensions of thinking. It is designed to foster the development of critical thinking skills and abilities as well as intellectual dispositions such as fair-mindedness, intellectual humility, and intellectual integrity. Based on 20 years of teaching and research with the Center For Critical Thinking, the approach is an eminently practical one. It is filled with Think-For-Yourself activities and examples from everyday life. It shows the reader how to use critical thinking to achieve deep and significant learning in all disciplines and subjects.

 [Download Critical Thinking: Tools for Taking Charge of Your ...pdf](#)

 [Read Online Critical Thinking: Tools for Taking Charge of Yo ...pdf](#)

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life

By Richard Paul, Linda Elder

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder

Appropriate for one or two semester courses in Critical Thinking or Student Success. This text approaches critical thinking as a process by which one takes charge of, and responsibility for, one's thinking. It provides both a holistic theme that runs through-out and practical analytic and evaluative tools that can be used to target and improve specific dimensions of thinking. It is designed to foster the development of critical thinking skills and abilities as well as intellectual dispositions such as fair-mindedness, intellectual humility, and intellectual integrity. Based on 20 years of teaching and research with the Center For Critical Thinking, the approach is an eminently practical one. It is filled with Think-For-Yourself activities and examples from everyday life. It shows the reader how to use critical thinking to achieve deep and significant learning in all disciplines and subjects.

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder **Bibliography**

- Sales Rank: #1425400 in Books
- Published on: 2000-07-27
- Original language: English
- Number of items: 1
- Dimensions: 9.14" h x .81" w x 7.04" l, 1.46 pounds
- Binding: Paperback
- 428 pages

 [Download Critical Thinking: Tools for Taking Charge of Your ...pdf](#)

 [Read Online Critical Thinking: Tools for Taking Charge of Yo ...pdf](#)

Download and Read Free Online Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder

Editorial Review

From the Inside Flap

PREFACE

You are what you think. That's right. Whatever you are doing right now, whatever you feel, whatever you want—all are determined by the quality of your thinking. If your thinking is unrealistic, it will lead you to many disappointments. If your thinking is overly pessimistic, it will deny you due recognition of the many things in which you should properly rejoice.

Test this idea for yourself. Identify some examples of your strongest feelings or emotions. Then identify the thinking that is correlated with those examples. For example, if you feel excited about college, it is because you think that good things will happen to you in college. If you dread going to class, it is probably because you think it will be boring or too difficult.

In a similar way, if the quality of your life is not what you would wish it to be, it is most likely because it is tied to the way you think about your life. If you think about it positively, you will feel positive about it. If you think about it negatively, you will feel negative about it.

For example, suppose you came to college with the view that college was going to be a lot of fun and you were going to form good friendships with fellow students who would respect and like you and, what is more, that your romantic relationships would become interesting and exciting. And let's suppose that hasn't happened. If this were the thrust of your thinking, you now would feel disappointed and maybe even frustrated (depending on how negative your experience has been interpreted by your thinking).

For most people, thinking is subconscious, never explicitly put into words. For example, most people who think negatively would not say of themselves, "I have chosen to think about myself and my experience in largely negative terms. I prefer to be as unhappy as I can be."

The problem is that when you are not aware of your thinking, you have no chance of correcting poor thinking. When thinking is subconscious, you are in no position to see any problems in it. And, if you don't see any problems in it, you won't be motivated to change it.

The truth is that since few people realize the powerful role that thinking plays in our lives, few gain significant command of it. Therefore, most people are in many ways victims of their own thinking, that is, harmed rather than helped by it. Most people are their own worst enemy. Their thinking is a continual source of problems, preventing them from recognizing opportunities, keeping them from exerting energy where it will do the most good, poisoning relationships, and leading them down blind alleys.

In this book we are concerned with helping you take charge of what you do, what you learn, and how you feel by taking command of how and what you think. We hope that you will discover the power of your thinking and will choose to develop it in ways that serve your interests, as well as the well-being of others.

The single most significant variable in determining the quality of what you learn in college is your thinking. Certainly your teachers will play a role in your learning. Some of them will do a better job than others of helping you learn. But even the best teachers can help you very little if you lack the intellectual skills necessary for thinking well through course content.

This book introduces you to the tools of mind you need to reason well through the problems and issues you

face, whether in the classroom, in your personal life, or in your professional life. If you take these ideas seriously, you can do something for yourself of lifelong value.

If all goes as we plan it, you gradually will become more and more aware of the thinking that causes you problems. And you will be able to change that thinking so you can experience a more satisfying life. You will find that learning, both inside and outside of class, will become more and more rewarding. You will increasingly be able to take the ideas you are learning in class and apply them to your life in a useful way.

The choice is yours, and the quality of your choice can only be as good as the thinking you use to come to that choice. If you think that taking command of your thinking is not important (perhaps you assume that you already have that command), this book won't help you learn to think any better than you do now. If, however, you sense that you have not yet achieved the personal control over your thinking we are speaking of, and you recognize its potential value, you will read on, and progressively take the steps to create personal control and power.

From the Back Cover

Widely sought as professional development leaders, Paul and Elder have conducted hundreds of workshops for university faculty all over the world. Their work speaks to the universal need to develop a sharp, open, and analytical mind. Tools that enable us to take charge of our learning and our lives are the very same tools that can help us all do more than merely survive in an economically and socially deprived environment. With them we can work independently or with others to produce positive changes.

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life provides a holistic theme, approaching critical thinking as a process for taking charge of and responsibility for one's thinking. Designed to foster the development of critical thinking skills and abilities, fair-mindedness, intellectual humility, and intellectual integrity, the approach is an eminently practical one. Numerous meaningful, yet common examples coupled with related activities allow the reader to examine and chronicle his/her own understanding and growth, providing the foundation for the lifelong application of critical thinking skills.

A companion web site (www.prenhall.com/paul) provides students with valuable resources to enhance their pursuit to be critical thinkers.

Excerpt. © Reprinted by permission. All rights reserved.

PREFACE

You are what you think. That's right. Whatever you are doing right now, whatever you feel, whatever you want—all are determined by the quality of your thinking. If your thinking is unrealistic, it will lead you to many disappointments. If your thinking is overly pessimistic, it will deny you due recognition of the many things in which you should properly rejoice.

Test this idea for yourself. Identify some examples of your strongest feelings or emotions. Then identify the thinking that is correlated with those examples. For example, if you *feel* excited about college, it is because you *think* that good things will happen to you in college. If you dread going to class, it is probably because you *think* it will be boring or too difficult.

In a similar way, if the quality of your life is not what you would wish it to be, it is most likely because it is tied to the way you *think* about your life. If you think about it positively, you will feel positive about it. If you think about it negatively, you will feel negative about it.

For example, suppose you came to college with the view that college was going to be a lot of fun and you

were going to form good friendships with fellow students who would respect and like you and, what is more, that your romantic relationships would become interesting and exciting. And let's suppose that hasn't happened. If this were the thrust of your thinking, you now would feel disappointed and maybe even frustrated (depending on how negative your experience has been interpreted *by your thinking*).

For most people, thinking is subconscious, never explicitly put into words. For example, most people who think negatively would not say of themselves, "I have chosen to think about myself and my experience in largely negative terms. I prefer to be as unhappy as I can be."

The problem is that when you are not aware of your thinking, you have no chance of correcting poor thinking. When thinking is subconscious, you are in no position to see any problems in it. And, if you don't see any problems in it, you won't be motivated to change it.

The truth is that since few people realize the powerful role that thinking plays in our lives, few gain significant command of it. Therefore, most people are in many ways victims of their own thinking, that is, harmed rather than helped by it. Most people are their own worst enemy. Their thinking is a continual source of problems, preventing them from recognizing opportunities, keeping them from exerting energy where it will do the most good, poisoning relationships, and leading them down blind alleys.

In this book we are concerned with helping you take charge of what you do, what you learn, and how you feel by taking command of how and what you think. We hope that you will discover the power of your thinking and will choose to develop it in ways that serve your interests, as well as the well-being of others.

The single most significant variable in determining the quality of what you learn in college is your thinking. Certainly your teachers will play a role in your learning. Some of them will do a better job than others of helping you learn. But even the best teachers can help you very little if you lack the intellectual skills necessary for thinking well through course content.

This book introduces you to the tools of mind you need to reason well through the problems and issues you face, whether in the classroom, in your personal life, or in your professional life. If you take these ideas seriously, you can do something for yourself of lifelong value.

If all goes as we plan it, you gradually will become more and more aware of the thinking that causes you problems. And you will be able to change that thinking so you can experience a more satisfying life. You will find that learning, both inside and outside of class, will become more and more rewarding. You will increasingly be able to take the ideas you are learning in class and apply them to your life in a useful way.

The choice is yours, and the quality of your choice can only be as good as the thinking you use to come to that choice. If you think that taking command of your thinking is not important (perhaps you assume that you already have that command), this book won't help you learn to think any better than you do now. If, however, you sense that you have not yet achieved the personal control over your thinking we are speaking of, and you recognize its potential value, you will read on, and progressively take the steps to create personal control and power.

Users Review

From reader reviews:

Warren Johnson:

The book *Critical Thinking: Tools for Taking Charge of Your Learning and Your Life* make one feel enjoy for your spare time. You should use to make your capable far more increase. Book can to be your best friend

when you getting tension or having big problem with your subject. If you can make reading through a book Critical Thinking: Tools for Taking Charge of Your Learning and Your Life for being your habit, you can get considerably more advantages, like add your current capable, increase your knowledge about some or all subjects. It is possible to know everything if you like open up and read a reserve Critical Thinking: Tools for Taking Charge of Your Learning and Your Life. Kinds of book are a lot of. It means that, science e-book or encyclopedia or others. So , how do you think about this book?

Glenn Wallin:

The particular book Critical Thinking: Tools for Taking Charge of Your Learning and Your Life will bring you to definitely the new experience of reading the book. The author style to explain the idea is very unique. When you try to find new book to study, this book very suited to you. The book Critical Thinking: Tools for Taking Charge of Your Learning and Your Life is much recommended to you you just read. You can also get the e-book in the official web site, so you can quickly to read the book.

Kurt Chapman:

Do you have something that you want such as book? The publication lovers usually prefer to select book like comic, limited story and the biggest some may be novel. Now, why not trying Critical Thinking: Tools for Taking Charge of Your Learning and Your Life that give your fun preference will be satisfied simply by reading this book. Reading practice all over the world can be said as the opportunity for people to know world a great deal better then how they react in the direction of the world. It can't be mentioned constantly that reading behavior only for the geeky person but for all of you who wants to possibly be success person. So , for every you who want to start studying as your good habit, you could pick Critical Thinking: Tools for Taking Charge of Your Learning and Your Life become your personal starter.

Christine Hughes:

Your reading sixth sense will not betray a person, why because this Critical Thinking: Tools for Taking Charge of Your Learning and Your Life reserve written by well-known writer whose to say well how to make book that could be understand by anyone who also read the book. Written in good manner for you, dripping every ideas and writing skill only for eliminate your own personal hunger then you still skepticism Critical Thinking: Tools for Taking Charge of Your Learning and Your Life as good book not just by the cover but also by the content. This is one publication that can break don't ascertain book by its include, so do you still needing an additional sixth sense to pick this specific!?! Oh come on your looking at sixth sense already told you so why you have to listening to another sixth sense.

Download and Read Online Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder #ZU3VL8GHJRD

Read Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder for online ebook

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder books to read online.

Online Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder ebook PDF download

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder Doc

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder Mobipocket

Critical Thinking: Tools for Taking Charge of Your Learning and Your Life By Richard Paul, Linda Elder EPub