



The Art of Understanding Your Mate

By Cecil G. Osborne

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If you've ever wondered exactly what is going on in your mate's mind, you can probably find it somewhere in the pages of *The Art of Understanding Your Mate*. Cecil Osborne casts a clinical eye on the underlying psychological forces that drive married relationships. His common sense outlook on counseling troubled couples is based on a solid understanding of human behavior. Illuminating insights tumble from the pages of his book. In addition, Osborne has a keen ear for the spoken word. Through a liberal injection of actual dialogue, he captures the feelings of drama and tensions between husband and wife. Osborne advocates a realistic approach to marriage. He cautions couples to expect to encounter problems of incompatibility. Men and women are different. Their needs are different, as are the emotions that accompany those needs. The wonder is, Osborne points out, that there are so many successful marriages.

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Editorial Review

From the Back Cover

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About the Author

Cecil Osborne is director of Burlingame Counseling Center in California and founder of Yokefellows, Inc. He has served as a pastor for more than 40 years. He is the author of *The Art of Getting Along with People*, *The Art of Learning to Love Yourself*, and *The Art of Understanding Yourself*.

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