



Disciplina con amor: Cómo poner límites sin ahogarse en la culpa

By Rosa Barocio

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How can parents and teachers teach children to be healthy and self-confident, but also respectful and responsible? Is it possible to set limits and be firm while still showing love? With practical advice, sensibility, and humor, this guide presents a clear explanation of the difficult task of educating with consciousness—encouraging children in their process of, offering support, acceptance, and unconditional love, and simultaneously setting strong boundaries and firm rules.

¿Cómo pueden padres y educadores criar niños sanos y con autoestima que también sean respetuosos y responsables? ¿Es posible poner límites y ser firmes pero al mismo tiempo ser amorosos? Con consejos prácticos, sensibilidad, y un gran sentido del humor, esta guía ofrece consejos claros para la difícil tarea de educar con conciencia: alentar al niño en su proceso de maduración, ofreciéndole apoyo, aceptación, y amor incondicional al mismo tiempo de establecer límites y reglas firmes.

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Editorial Review

About the Author

Rosa Barocio is certified in Montessori education and Waldorf education and has 28 years of experience working with children, training teachers, directing schools, and advising parents. She holds conferences and workshops in Mexico, the U.S., and Europe. She is the author of *Los temperamentos en las relaciones humanas*.

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