



## **Make Your Creative Dreams Real: A Plan for Procrastinators, Perfectionists, Busy People, and People Who Would Really Rather Sleep All Day**

By SARK

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Let this book be your haven, guide, fairy godmother, or map for making your creative dreams real. It's a "paper lantern" to illuminate your path. Your dreams glow in the dark even if you don't ever tend to them. They will wait for you. I know this from my experiences as a recovering procrastinator and perfectionist. My dreams waited for me -- now you can begin to make your creative dreams REAL!

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## **Make Your Creative Dreams Real: A Plan for Procrastinators, Perfectionists, Busy People, and People Who Would Really Rather Sleep All Day By SARK Bibliography**

- Sales Rank: #99193 in Books
- Published on: 2005-02-08
- Released on: 2005-02-08
- Original language: English
- Number of items: 1
- Dimensions: 9.13" h x .70" w x 6.12" l, 1.08 pounds
- Binding: Paperback
- 240 pages

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### **Editorial Review**

From Publishers Weekly

For those of us who pass our days in a meaningless miasma of obligations and responsibility, SARK's upbeat 12-step prescription for "making creative dreams" come true may be just the ticket. Designing the book herself, SARK (short for Susan Ariel Rainbow Kennedy, author of *Succulent Wild Woman*) applies function to form with big and small font sizes, wild and wavy typesetting, drawings scattered liberally throughout, various exercises, Mad Lib-like blanks to fill in ("choose a micromovement and write it here \_\_\_\_\_") and three 16-page full-color inserts (not seen by PW). In case you doubt SARK's enthusiasm for her version of the creative life, she includes testimonials ranging from "John, Teacher" to "Val, Expressive Arts Therapist." Despite SARK's admirably unrestrained support for the creative life, it's difficult not to cock a cynical eye at some of her suggestions, such as "let your dream vehicle out to play!" And while she encourages us to "feel free to color or draw in this book," there isn't actually all that much room to do so. SARK addresses the negativity toward creativity that so many artists face from family, schools and bosses, but the repetition of the word "dream" never quite seems to slide over into how to use it to tend an actual artistic career. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

"SARK's gentle and effervescent work is a festive, creative catalyst that throws open a wide and generous gate."

-- Julia Cameron, author of *The Artist's Way*

"We, in this world, and this weary old world itself, have a great gaping need for SARK. Let's call for more and more SARK to fill every child's book bag and each attaché case."

-- Maya Angelou, author of *I Know Why the Caged Bird Sings*

"A truly innovative and inspiring book....SARK at her best."

-- Cheri Huber, author of *When You're Falling, Dive*

"Everything you need to know about making your creative dreams real is contained in SARK's magical new book."

-- Cheryl Richardson, author of *Stand Up for Your Life*

About the Author

SARK (Susan Ariel Rainbow Kennedy) is an author/artist and acclaimed teacher on the subject of creativity. She was featured on the PBS series *Women of Wisdom and Power*. She is a recovering procrastinator and perfectionist who practices what she teaches and lives in a Magic Cottage in San Francisco with her "fur husband" cat, Jupiter. You can visit her website at [PlanetSark.com](http://PlanetSark.com).

### **Users Review**

**From reader reviews:**

**Mark Feaster:**

Reading a reserve tends to be new life style in this era globalization. With reading through you can get a lot of information that can give you benefit in your life. With book everyone in this world can easily share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their reader with their story or

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### **Fabiola Gaylor:**

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### **Donald Diaz:**

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### **Sergio Terry:**

This **Make Your Creative Dreams Real: A Plan for Procrastinators, Perfectionists, Busy People, and People Who Would Really Rather Sleep All Day** is completely new way for you who has fascination to look for some information given it relief your hunger associated with. Getting deeper you onto it getting knowledge more you know otherwise you who still having tiny amount of digest in reading this **Make Your Creative Dreams Real: A Plan for Procrastinators, Perfectionists, Busy People, and People Who Would Really Rather Sleep All Day** can be the light food for yourself because the information inside that book is easy to get simply by anyone. These books develop itself in the form which is reachable by anyone, yep I mean in the e-book contact form. People who think that in publication form make them feel sleepy even dizzy this book is the answer. So there is not any in reading a reserve especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss that! Just read this e-book variety for your better life along with knowledge.

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