



The Complete Guide To The Kabbalah: How to Apply the Ancient Mysteries of the Kabbalah to Your Everyday Life

By Will Parfitt

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The Kabbalah is a practical system for understanding ourselves and our relationship with the world. At the heart of the Western Mystery Tradition, it is based upon a 'map' called the Tree of Life.

The Complete Guide to the Kabbalah reveals the ancient mysteries of the Tree of Life in a way that is exciting, effective in its applications, and relevant to our modern everyday lives. The blend of traditional teachings coupled with state-of-the-art psychological understanding makes it an essential book for everyone interested in their own personal and spiritual development. This comprehensive book explains in straightforward terms how the Kabbalah can help us to:

- Understand the connections between all the different events, ideas, and relationships we experience, and thereby make sense of life and enable us to live it to the full
- Work from the heart as well as from the intellect and apply your insights to everyday life
- Open yourself to the fabulous resources of your own inner wisdom

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- Sales Rank: #753009 in eBooks
- Published on: 2011-05-31
- Released on: 2011-05-31
- Format: Kindle eBook

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Editorial Review

From the Publisher

The Kabbalah is a practical system for understanding all aspects of our lives, from the deepest spiritual connections to the everyday experience of living in the modern world. At the core of the spiritual teachings of the Western world, the ancient mysteries of the Kabbalah are now more relevant than ever. Based on an effective map of consciousness called the Tree of Life, the Kabbalah has the potential to enhance the quality of life for individuals as well as the societies in which they live. Blending traditional teachings with psychological understanding, **The Complete Guide to the Kabbalah** reveals the age-old mysteries of the Tree of Life, explaining how the Kabbalah can help you: to understand the connections among all the different events, ideas, and relationships in your life; to work from the heart as well as from the intellect; and to open yourself to the rich resources of your own inner wisdom.

From the Inside Flap

The Kabbalah is a practical system for understanding ourself and our relationship with the world.

About the Author

Will Parfitt is a registered psychotherapist and an experienced teacher and author. He is the director of PS Avalon which runs courses on the Kabbalah with many active students world-wide. Will travels internationally doing courses as well as offering individual or group coaching, and professional mentoring here in the UK.

Users Review

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Daniel Bravo:

This The Complete Guide To The Kabbalah: How to Apply the Ancient Mysteries of the Kabbalah to Your Everyday Life are generally reliable for you who want to certainly be a successful person, why. The reason of this The Complete Guide To The Kabbalah: How to Apply the Ancient Mysteries of the Kabbalah to Your Everyday Life can be among the great books you must have is giving you more than just simple reading through food but feed a person with information that maybe will shock your preceding knowledge. This book will be handy, you can bring it all over the place and whenever your conditions throughout the e-book and printed people. Beside that this The Complete Guide To The Kabbalah: How to Apply the Ancient Mysteries of the Kabbalah to Your Everyday Life giving you an enormous of experience including rich vocabulary, giving you demo of critical thinking that we realize it useful in your day activity. So , let's have it appreciate reading.

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Why? Because this The Complete Guide To The Kabbalah: How to Apply the Ancient Mysteries of the Kabbalah to Your Everyday Life is an unordinary book that the inside of the book waiting for you to snap this but latter it will jolt you with the secret it inside. Reading this book next to it was fantastic author who else write the book in such amazing way makes the content within easier to understand, entertaining approach but still convey the meaning thoroughly. So , it is good for you for not hesitating having this

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