

## White Fire: Spiritual insights and teachings of advaita zen master Mooji

By Mooji

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White Fire is a collection of some 800 sayings which encapsulate and compress Mooji's essential spiritual teachings into pill form. These end-of-the-road pointings, when swallowed, are like divine grenades that wipe out suffering and delusion thus revealing one's true nature as perfect and timeless being. "Fire burns everything leaving only ashes. But there is a fire so fierce it burns even ashes -- White Fire. Burn me like this, O White Fire, Grace of God, until nothing remains but You." Although White Fire is full of wise, direct and encouraging guidance, it is not for the faint-hearted seeker who is only looking to reinforce a spiritual identity or projections. For those who come with openness and a Yes in their heart for Truth, may the white fire in this book ignite within your heart, leaving only the clear space of pure seeing and being.

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### **Editorial Review**

#### About the Author

Advaita zen master **Mooji** (Anthony Paul Moo-Young) was born in Jamaica on January 29, 1954. As a teenager, he moved to London, UK, where he worked as a street portrait artist and then as an art teacher at the local college. In 1987, an encounter with a Christian mystic inspired Mooji to “walk out of his life.” In 1993, Mooji traveled to India, where he met his master Sri H. W. L. Poonja, or Papaji, a direct disciple of the great Advaita master Ramana Maharshi. At Papaji’s feet, whatever remained of an active ego within Mooji was finally uprooted. For several years following, he remained alone and fully immersed in his inmost being. In 1999, people began to recognize Mooji’s radiance and approached him to simply sit silently in his presence. Soon they started asking him about the nature of consciousness and their own search for Truth.

Mooji is unlike anyone else you’re likely to meet, for his presence compels one to question one’s very nature and existence, and exudes a loving compassion and devotion. People from all walks of life are deeply touched by this indefinable presence, and perhaps for the first time experience a natural sense of happiness and peace as they begin to discover who or what they truly are. Mooji’s unity with Truth is also potently shared through self-inquiry—the unsparing light of non-dual wisdom that dispels the delusions and suffering common to human experiencing. Each one who meets Mooji with a genuine urge for pure understanding, for freedom, is pulled by the profundity of his unconditional love and the power of his pointings into the recognition of the infinite Self we already are.

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