



Disruptive Mood: Irritability in Children and Adolescents

By Argyris Stringaris, Eric Taylor

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A practical guide to understanding and treating children and adolescents prone to extreme levels of angry outbursts, *Disruptive Mood: Irritability in Children and Adolescents* is based on the very latest research and theory. Providing both a clinical and scientific perspective on irritability in children, this book is a timely look at recent developments in the field.

Abnormal states of anger are a common reason for referral to child health services, and cause concern in clinics, schools, and families. Misdiagnosis and treatment can stem from a lack of understanding of the mechanisms involved in high levels of anger in children, and *Disruptive Mood: Irritability in Children and Adolescents* provides clear guidance on the development of abnormal states of anger, their consequences for later development, and how to assess and make differential diagnoses between them. A useful resource for clinical practice, this book is concise and accessible, and offers tools for evaluating treatments. *Disruptive Mood: Irritability in Children and Adolescents* is designed for practitioners involved in child and adolescent mental health and education and researchers who need an introduction to this complex field.

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Editorial Review

About the Author

Argyris Stringaris, *Research Fellow, King's College London, Institute of Psychiatry, UK*, Eric Taylor, *Emeritus Professor Child & Adolescent Psychiatry, King's College London, Institute of Psychiatry, UK*

Argyris Stringaris is a clinician scientist funded by the Wellcome Trust to study mood in health and disease across human development. He trained at the Maudsley Hospital (MRCPsych), the Institute of Psychiatry at King's College London (PhD), and the National Institutes of Health (Clinical Research Fellow) in the USA.

Eric Taylor is Emeritus Professor of Child and Adolescent Psychiatry at King's College London Institute of Psychiatry; and an honorary consultant at 'The Maudsley'. He has researched, practised clinically, and taught child neuropsychiatry since 1971. He has been a Trustee of the National Academy of Parenting practitioners, Chair of the Association for Child and Adolescent Mental Health and a Non-Executive Director of the South London and Maudsley NHS Foundation Trust. His research won the Ruane prize from NARSAD for severe child psychopathologies and he is a Fellow of the Academy of Medical Sciences and an Honorary Fellow of the Royal College of Psychiatrists.

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