



First Comes Love, Then What?: Challenging Your Assumptions on Dating, Love and Commitment (Focus on the Family Books)

By Kimberly Bear

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Misconceptions and unrealistic expectations about love and marriage abound in today's culture, leading to disappointment and disintegrating relationships. The myth of a soulmate is just that?a myth?yet it is held to be true by too many men and women searching for that one-in-a-million match. It's time for a reality check. Kimberly Bear, an experienced counselor, draws from both good and bad examples in her practice to guide readers and to help keep them from making mistakes in the dating game. Filled with real-life examples and solid principles, this book will help both men and women learn to use their heads before losing their hearts.

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