



Girls & Sex: Navigating the Complicated New Landscape

By Peggy Orenstein

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NEW YORK TIMES BESTSELLER

A Time Top 10 Book of the Year • A San Francisco Chronicle Book of the Year

The author of the *New York Times* bestseller *Cinderella Ate My Daughter* offers a clear-eyed picture of the new sexual landscape girls face in the post-princess stage—high school through college—and reveals how they are negotiating it.

A generation gap has emerged between parents and their girls. Even in this age of helicopter parenting, the mothers and fathers of tomorrow's women have little idea what their daughters are up to sexually or how they feel about it. Drawing on in-depth interviews with over seventy young women and a wide range of psychologists, academics, and experts, renowned journalist Peggy Orenstein goes where most others fear to tread, pulling back the curtain on the hidden truths, hard lessons, and important possibilities of girls' sex lives in the modern world.

While the media has focused—often to sensational effect—on the rise of casual sex and the prevalence of rape on campus, in *Girls and Sex* Peggy Orenstein brings much more to the table. She examines the ways in which porn and all its sexual myths have seeped into young people's lives; what it means to be the “the perfect slut” and why many girls scorn virginity; the complicated terrain of hookup culture and the unfortunate realities surrounding assault. In Orenstein's hands these issues are never reduced to simplistic “truths;” rather, her powerful reporting opens up a dialogue on a potent, often silent, subtext of American life today—giving readers comprehensive and in-depth information with which to understand, and navigate, this complicated new world.

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Download and Read Free Online *Girls & Sex: Navigating the Complicated New Landscape* By Peggy Orenstein

Editorial Review

Amazon.com Review

An Amazon Best Book of April 2016: It would be easy to pigeonhole *Girls & Sex* as essential reading only for parents of female teens or preteens. But as I traveled deeper into Orenstein's honest and thoughtful exploration of "the complicated new landscape" of sex as seen from the points of view of seventy high school and college-age girls she interviewed, I realized this book is for anyone who cares for a girl approaching womanhood, whether she is a daughter, niece, granddaughter, or friend of the family. Orenstein is the perfect guide, empathetic with the girls she interviews while also calling out how views on being "hot," consensual sex, drinking, and the very definition of virginity and intercourse has changed in the past ten or twenty years. She's so direct, the reader can't help but face how dramatically the landscape has shifted. (I admit to being horrified at the latest definition of "second base." But better to be wide-eyed than blind.) It's a tribute to Orenstein's perceptive investigations and her ability to make you question your own long-held beliefs about young people and sex that as I turned the last page, I felt an intense desire to read a *Boys & Sex* edition so that our young men could be given the clear voice that Orenstein has given young women. —*Adrian Liang*

Review

"Provocative and thoughtful.... Both an examination of sexual culture and a guide on how to improve it.... The breadth of Orenstein's reporting ... is impressive." (Laura Stepp, *Washington Post*)

"Nonsensational but deeply entertaining.... A must-read." (*People*, Book of the Week)

"A nuanced read for anyone who remembers being a young woman and anyone who is raising the next generation of girls (and boys) for whom we hope the future holds sexual satisfaction, not pain or disappointment." (Rebecca Traister, *More*)

"I'm not going to tell you to go right now and buy a copy.... I'm going to tell you to buy two copies: One for yourself, and one for the teenager in your life.... Refuses to be judgmental or doom and gloom. Instead, it offers something else — a demand for education, enlightenment, and ultimately, the radical notion of equal satisfaction." (Mary Elizabeth Williams, *Salon*)

"Thought-provoking. . . *Girls & Sex* is full of thoughtful concern and empathetic questions." (Cindi Leive, *New York Times Book Review*, cover review)

"I'm not going to tell you to go right now and buy a copy.... I'm going to tell you to buy two copies: One for yourself, and one for the teenager in your life.... Refuses to be judgmental or doom and gloom. Instead, it offers something else — a demand for education, enlightenment, and ultimately, the radical notion of equal satisfaction." (Adrian Liang, Amazon Best Book of the Month citation)

"*Girls & Sex* should be mandatory for anyone who cares about the present and future cultural landscape for girls, women, humans. I seriously want to quit my job and tour the country, furiously hawking Peggy Orenstein's insightful, important book." (Rashida Jones, actress, writer, producer)

"[An] important new book.... Her writing is clear and compelling, her analysis is incisive and thorough, and her findings are downright troubling." (Sharon Holbrook, *Washington Post*)

"Fascinating.... A wise and sharply argued look at how girls are navigating 'the complicated new landscape'

of sex and sexuality.” (*Economist*)

“An intimate view of the sex lives of young women in the United States. While revealing disturbing common threads... Orenstein brings levity to this fraught topic.” (*Elle*)

“‘Girls & Sex’ may do more to change how sex education is rethought and how parents and daughters discuss pleasure and sexuality than any book since the landmark ‘Our Bodies, Ourselves.’” (Tamara Straus, *San Francisco Chronicle*)

“If you’re going to talk about women in the 21st century, you MUST read Peggy Orenstein’s *Girls & Sex*. No one else is asking these questions; so no one else, then, is finding out the answers.” (Caitlin Moran, Author of *How to Be a Woman*)

“A smart, sobering guide to the sexual lives of young women today.” (Ann Levin, Associated Press)

“Eloquent.... [A] compact, polished, and readable... cris de coeur.” (Julia M. Klein, *Boston Globe*)

“With compassion and insight, Peggy Orenstein holds a mirror not only to girls’ experiences but to our own judgments. No less than the emotional health and physical safety of our daughters (and of our sons, by the way) depends on the kind of insight *Girls & Sex* provides.” (Rosalind Wiseman, author of *Queen Bees and Wannabes*)

“Deeply reported, passionately argued.” (Isaac Chotiner, *Slate*)

“Peggy Orenstein sheds light on an important and too often misunderstood topic. Her reporting shows how a healthy and direct approach to sexuality is a key component of gender equality.” (Sheryl Sandberg, COO of Facebook and founder of LeanIn.Org)

“An enlightening, sad and shocking look into the minds of teenagers and their views on casual sex, love and relationships.” (Aimee Blanchette, *Minneapolis Star Tribune*)

“A sequel of sorts to Orenstein’s ‘Cinderella Ate My Daughter’.... Sketches a sobering portrait.” (Oliver Wang, *L.A. Times*)

“Orenstein has compiled an eye-opening study of the way that girls and women in America think, feel, and act regarding sex.... The abundant information she provides will give parents and young girls the power to make informed decisions regarding sex.” (*Kirkus*)

“Eye-opening.... Orenstein draws powerful, humane portraits of her interview subjects, self-reliant young women who find themselves trapped by sexist stereotypes about women’s bodies and women’s pleasure. [A] smart, earnest, and timely assessment.” (*Publishers Weekly*, starred review)

“Accessible prose and narrative style will bring the work of many thoughtful experts to a wider audience.... Young adults, parents, educators, and activists alike will find this passionate work a timely conversation starter.” (*Library Journal*)

“Sex and teenagers have always gone together, but parents reading Orenstein’s frank exploration of current trends may still be in for a shock.... This isn’t a comfortable book to read (Orenstein herself admits twinges a few times), but it’s an important one.” (*Booklist*)

“Orenstein is such a breezy, funny, writer, it’s easy to forget she’s an important thinker too.” (*People*, four stars, on *Cinderella Ate My Daughter*)

From the Back Cover

The author of the *New York Times* bestseller *Cinderella Ate My Daughter* offers a groundbreaking picture of the new sexual landscape girls face in the post-princess stage—high school through college—and reveals how they are negotiating it.

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Users Review

From reader reviews:

Stevie Mozingo:

This *Girls & Sex: Navigating the Complicated New Landscape* tend to be reliable for you who want to be described as a successful person, why. The reason why of this *Girls & Sex: Navigating the Complicated New Landscape* can be one of the great books you must have is giving you more than just simple studying food but feed an individual with information that might be will shock your earlier knowledge. This book will be handy, you can bring it everywhere and whenever your conditions throughout the e-book and printed types. Beside that this *Girls & Sex: Navigating the Complicated New Landscape* giving you an enormous of experience including rich vocabulary, giving you trial run of critical thinking that we all know it useful in your day action. So , let's have it and enjoy reading.

Roosevelt Alday:

Exactly why? Because this *Girls & Sex: Navigating the Complicated New Landscape* is an unordinary book that the inside of the guide waiting for you to snap that but latter it will distress you with the secret the idea inside. Reading this book adjacent to it was fantastic author who all write the book in such wonderful way makes the content interior easier to understand, entertaining method but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of gains than the other book have such as help improving your skill and your critical thinking method. So , still want to hold up having that book? If I were being you I will go to the book store hurriedly.

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