

Don't Call It Love: Recovery From Sexual Addiction

By Patrick Carnes

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"Dr. Patrick Carnes is a creative, pioneering, and courageous human being. His books are changing the lives of thousands!"

"I lost three marriages, all because of affairs." "I became suicidal because of multiple intense involvements."

"I spent money on sex when I needed it for children's clothes."

"I lost promotion opportunities and a special scholarship because my co-workers found out about my sex life."

Every day they face the possibility of destruction, risking their families, fiances, jobs, dignity, and health. They come from all walks of life: ministers, physicians, therapists, politicians, executives, blue-collar workers. Most were abused as children--sexually, physically or emotionally--and saw addictive behavior in their early lives. Most grapple with other addictions as well, but their fiercest battle is with the most astounding prevalent "secret" disorder in America: sexual addiction. Here is a ground-breaking work by the nation's leading professional expert on sexual addiction, based on the candid testimony of more than one thousand recovering sexual addicts in the first major scientific study of the disorder. This essential volume includes not only the revealing findings of Dr. Carne's research with recovering addicts but also advice from the addicts and co-addicts themselves as they work to overcome their compulsive behavior. Positive, hopeful, and practical, *Don't Call It Love* is a landmark book that helps us better understand all addictions, their causes, and the difficult path to recovery.

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
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Editorial Review

From Publishers Weekly

In Carnes's diagnosis, sexual addiction is marked by compulsive, self-destructive behavior and takes many forms, such as child abuse, sadomasochism, reliance on erotic fantasy as a coping mechanism, obsession with one individual, anonymous sexual encounters or cycles of disastrous affairs alternating with sexual binging. Behavior therapist Carnes (*Out of the Shadows*) and fellow researchers targeted some 1000 sexual addicts and their "co-dependent" partners through surveys and interviews. Those who suspect that they may be sexually addicted, or know someone who is, should read this clear, helpful, well-organized guide. It shows that sexual compulsives come from all walks of life, and its advice-giving testimonies by recovered and recovering persons, combined with the author's clinical insights, point the way toward healing twisted relationships and reclaiming healthy sexuality.

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From the Publisher

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From the Inside Flap

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Users Review

From reader reviews:

Bryant Kelly:

Nowadays reading books are more than want or need but also work as a life style. This reading routine give you lot of advantages. Advantages you got of course the knowledge the rest of the information inside the book this improve your knowledge and information. The info you get based on what kind of publication you read, if you want send more knowledge just go with knowledge books but if you want feel happy read one with theme for entertaining like comic or novel. The Don't Call It Love: Recovery From Sexual Addiction is kind of book which is giving the reader unstable experience.

Leslie Yazzie:

The particular book Don't Call It Love: Recovery From Sexual Addiction has a lot of knowledge on it. So when you check out this book you can get a lot of profit. The book was written by the very famous author. Mcdougal makes some research ahead of write this book. That book very easy to read you can find the point easily after scanning this book.

Felecia Holst:

Reading can called mind hangout, why? Because if you find yourself reading a book specifically book entitled Don't Call It Love: Recovery From Sexual Addiction your head will drift away trough every dimension, wandering in each aspect that maybe mysterious for but surely might be your mind friends. Imaging every word written in a book then become one type conclusion and explanation this maybe you never get just before. The Don't Call It Love: Recovery From Sexual Addiction giving you a different experience more than blown away your brain but also giving you useful information for your better life with this era. So now let us explain to you the relaxing pattern at this point is your body and mind is going to be pleased when you are finished reading through it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

John Hill:

This Don't Call It Love: Recovery From Sexual Addiction is brand-new way for you who has interest to look for some information given it relief your hunger details. Getting deeper you upon it getting knowledge more you know or perhaps you who still having small amount of digest in reading this Don't Call It Love: Recovery From Sexual Addiction can be the light food for you because the information inside this kind of book is easy to get simply by anyone. These books build itself in the form and that is reachable by anyone, yes I mean in the e-book application form. People who think that in guide form make them feel sleepy even dizzy this reserve is the answer. So there isn't any in reading a e-book especially this one. You can find what

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