



## The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)

By Sheila Wray Gregoire

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### **The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)** By Sheila Wray Gregoire

Billions of people have had sex. Far fewer have made love. In the Good Girl's Guide to Great Sex, author Sheila Wray Gregoire helps women see how sexual intimacy was designed to be physically stupendous but also incredibly intimate.

Whether you're about to walk down the aisle or you've been married for decades, The Good Girl's Guide to Great Sex will lead you on a wonderful journey of discovery towards the amazing sex life God designed you for.

With humor, research, and lots of anecdotes, author Sheila Wray Gregoire helps women see how our culture's version of sex, which concentrates on the physical above all else, makes sex shallow. God, on the other hand, intended sex to unite us physically, emotionally, and spiritually. Gregoire walks through these three aspects of sex, showing how to make each amazing, and how to overcome the roadblocks in each area we often encounter.

Drawing on survey results from over 2,000 people, she also includes lots of voices from other Good Girls, giving insight into how other women have learned to truly enjoy sex in marriage.

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### Editorial Review

#### Review

Gregoire answers questions about nuts and bolts. She also writes from a covenantal view: Sex is created by God for our good and His glory. She conveys a basic message that marriage is a lifelong endeavor, that husbands and wives have time to experiment, and that communication and trust facilitate good sex. Like a funny big sister, she takes on intimate topics in a frank and reassuring way. She writes for those who are engaged, newlyweds, and for those who are sexually experienced and want to gain a biblical understanding. She cautions against laziness and also against the temptations that porn has made popular. (*WORLD Magazine*)

#### From the Author

My husband and I have been married for 21 years, and happily married for 17.

Those first four years were really difficult. And a big part of the reason is that we just couldn't connect in the bedroom.

When we walk down the aisle, we usually assume everything will naturally fall into place. If it was going to be hard, we wouldn't get married, would we? Yet all too often, once the confetti is gone and the wedding dress is boxed up, we don't feel quite as giddy. We start to wonder, "is this all there is? Isn't marriage supposed to be better?"

Yep. It is! And in *The Good Girl's Guide to Great Sex*, I show women that you don't have to settle for mediocre. God created you to feel incredible pleasure but also incredible intimacy through sex. And he doesn't want you to settle for anything less!

But getting to bliss isn't always easy, because men and women approach sex very differently. Men make love to feel loved. Women need to feel loved to make love.

Add to that our culture's portrayal as sex being something that is only physical, and awfully shallow, and combine that with all of our baggage coming into marriage, and sex can often be something that adds a lot of tension to the marriage.

It doesn't have to be that way. Whether you're a new bride or a veteran wife, my dream is that you will be able to experience true and beautiful intimacy with your husband--intimacy that has all the physical fireworks you've dreamt of, but also that overwhelming feeling of "being one". And in this book I gave all the practical tips I could on how to better understand your man, how to better understand yourself, and how to understand how sex is supposed to work. Because I asked women just like you about their experiences, I've also got lots of funny stories and messages of triumph to help you aim high.

And I've even included some "Good Girl Dares" to spice things up. Because honestly, ladies, those having the most fun in bed aren't the starlets that grace the covers of *Cosmo*. They're those of us who are married to our good guys, and who are committed for life. Those are the necessary ingredients for a great sex life. And in the book, I'll help rev it up!

#### From the Back Cover

Do bad girls really have more fun? Surveys say no. The women who are most likely to enjoy sex are married and religious. In other words, they're Good Girls! But good girls know that making sex great isn't about

acting trashy. It's about recognizing what God really designed sex for, and then learning how to reap all these benefits and joyfully enjoy your husband.

Frank and contemporary, *The Good Girls' Guide to Great Sex* will give the newly engaged and new brides--- and some veteran wives---a Christian resource to answer their most intimate, and embarrassing, questions. In a conversational style, with lots of humorous anecdotes, the book will show that sex isn't just physical: it's also an emotional and spiritual experience. And we'll learn why commitment in a Christian marriage is the perfect recipe for a sex life which is out of this world!

## **Users Review**

### **From reader reviews:**

#### **Merry Springs:**

Book will be written, printed, or descriptive for everything. You can know everything you want by a reserve. Book has a different type. As you may know that book is important thing to bring us around the world. Close to that you can your reading ability was fluently. A e-book *The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)* will make you to become smarter. You can feel a lot more confidence if you can know about every little thing. But some of you think that open or reading some sort of book make you bored. It is not make you fun. Why they may be thought like that? Have you trying to find best book or suited book with you?

#### **Kimberly Niemeyer:**

Playing with family in a park, coming to see the ocean world or hanging out with close friends is thing that usually you will have done when you have spare time, then why you don't try matter that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love *The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)*, you could enjoy both. It is good combination right, you still want to miss it? What kind of hang type is it? Oh occur its mind hangout folks. What? Still don't have it, oh come on its called reading friends.

#### **Nancy Jackson:**

In this era which is the greater person or who has ability to do something more are more precious than other. Do you want to become one among it? It is just simple approach to have that. What you should do is just spending your time little but quite enough to enjoy a look at some books. Among the books in the top record in your reading list is definitely *The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)*. This book that is qualified as *The Hungry Hillside* can get you closer in turning out to be precious person. By looking way up and review this guide you can get many advantages.

#### **Jessie Orlando:**

That publication can make you to feel relax. This kind of book *The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)* was colourful and of course has pictures on there. As we know that book *The Good Girl's Guide to Great Sex: (And You Thought Bad Girls Have All the Fun)* has many

kinds or style. Start from kids until teens. For example Naruto or Investigation company Conan you can read and feel that you are the character on there. Therefore not at all of book are generally make you bored, any it can make you feel happy, fun and rest. Try to choose the best book in your case and try to like reading that.

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