



## Depression and Bipolar Disorder: Stahl's Essential Psychopharmacology, 3rd edition (Essential Psychopharmacology Series)

By Stephen M. Stahl

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"Targeted at anyone dealing with the treatment of patients with affective disorders including students, residents, clinicians, nurses, and psychopharmacologists....This new edition captures the shift from the receptor model to brain circuits and signal transduction cascades. The book covers three topics: mood disorders, antidepressants, and mood stabilizers....Unique to Dr. Stahl's books are the illustrations, which have been expanded in this edition to capture the latest advances. Information is presented in conceptual form that makes it easier to read and understand."

Doody's Review Service

From reviews of the Second Edition:

"All of Dr. Stahl's writing is characterized by clarity of presentation and a notable ability to transform complicated scientific principles into readily understood prose. Characteristically, he illustrates his instructions with informative, charming, and sometimes witty cartoon figures and diagrams. Dr. Stahl has a gift for teaching, and it is a pleasure to recommend this book."

Journal of Clinical Psychiatry

"Essential reading ... I would thoroughly recommend this book to anyone who works with psychotropic drugs - or who has the task of teaching others about them!"

American Journal of Psychiatry

"Essential Psychopharmacology offers a wide range of readers an engaging and comprehensive view of psychopharmacology. It is highly recommended to both novice and experienced researchers, who stand to gain a new or renewed appreciation for the complexity and beauty of how the nervous system mediates the behavioral effects of drugs."

Contemporary Psychology

### About the Author

Stephen M. Stahl is Adjunct Professor of Psychiatry at the University of California at San Diego. He has conducted numerous research projects awarded by the National Institute of Mental Health, the Veterans Administration, and the pharmaceutical industry. Author of more than 200 articles and chapters, Dr. Stahl is an internationally recognized clinician, researcher, and teacher in psychiatry with subspecialty expertise in psychopharmacology.

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